

## OTHER GROUPS AND ACTIVITIES

### A COURSE IN MIRACLES (A.C.I.M.)

Monday, 7:00 p.m.

Wednesday, 10:00 a.m.

Wednesday, 7:00 p.m.

Saturday, 12:30 p.m.

A study group designed to strengthen our understanding of the universal spiritual laws operating and controlling our lives.

### JOB SEARCHERS GROUP

1<sup>st</sup> and 3<sup>rd</sup> Saturday, 10:00 a.m.

The Job Search Support Group provides weekly positive sharing of practical tips, topics and resources in the job search process.

### CIRCLE OF DOLPHINS

Saturday, 12:30 p.m.

An open, ongoing support group for anyone with a challenge, be it spiritual, mental, emotional, physical or financial.

### COSMOS & SPIRIT

Monday, 7:30 p.m.

A video study and discussion group open to all on a drop in basis.

Examine and discuss how we got here; our place in the universe; our spiritual connection.

### TOASTMASTERS INTERNATIONAL

1<sup>st</sup> and 3<sup>rd</sup> Saturday, 10:00 a.m.

2<sup>nd</sup> and 4<sup>th</sup> Saturday, 9:30 a.m.

Toastmasters International can help you develop confidence, overcome the fear of public speaking and become an effective public speaker.

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*We also offer ongoing educational and personal development classes throughout the year. Be sure to check the Events counter or the Free Literature stand located in the foyer of the church each week.*

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#### **Sunday Services**

Adult Services & Youth Ministry: 10 a.m.

LIVE webcast of Sunday Services

#### **Praise & Worship Service**

Wednesdays: 7 p.m.

# ***People Helping People Support Network***

## **SPIRITUAL SUPPORT SERVICES**

### **MEDITATION SERVICE**

Tuesday, 7:00 p.m.

Come and be spiritually renewed. The service includes spending 50 minutes in silence.

### **PASTORAL CARE**

Trained members who make hospital visits.

### **PRAYER CHAPLAINS**

Prayer Partners are available for prayer support after Sunday services.

### **TELEPHONE PRAYER PARTNERS**

Quarterly telephone calls to church members for prayer support.

## **SMALL GROUP MINISTRIES**

### **DIVORCE RECOVERY GROUP**

Monday, 7:00 p.m.

A safe place to work through separation/divorce issues.

### **GRIEF AND LOSS**

Tuesday, 7:00 p.m.

This group gently guides people through the grieving process into meaningful new beginnings.

### **RAINBOW UNITY**

On summer hiatus, check back in September! Connect with us on Facebook at <http://facebook.com/rainbowunity> or email:rainbow@renaissanceunity.org

### **SACRED SISTERS**

3<sup>rd</sup> Saturday, 9:00 a.m. (Jan-June & Sept-Nov)

Join with other women for fellowship, support, workshops and other activities. *Call church to RSVP.*

## 12-STEP SUPPORT GROUPS

### **A.I.M.**

Wednesday, 7:00 p.m.

This group uses behavioral and cognitive techniques to assist people in recovering from agoraphobia and anxiety disorders.

### **ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES**

Wednesday, 7:30 p.m.

Learn how to overcome the self-limiting attitudes and behavioral patterns that you learned growing up in an alcoholic or dysfunctional home.

### **ALCOHOLICS ANONYMOUS (A.A.)**

Monday, 8:00 p.m.

Saturday, 10:00 a.m.

If you have a problem with alcohol or drugs, you can put the problem behind you with the help of Alcoholics Anonymous.

### **AL-ANON**

Monday, 8:00 p.m.

Saturday, 10:00 a.m.

When another's drinking is ruling your life, the help you need can be found in Al-Anon.

### **CLEPTOMANIACS & SHOPLIFTERS ANONYMOUS**

#### **(C.A.S.A)**

Monday, 7:00 p.m.

This group supports individuals who are in recovery from addictive-compulsive behavior including shoplifting, kleptomania and fraud.

### **EMOTIONS ANONYMOUS (E.A.)**

Friday, 7:00 p.m.

This group supports individuals who desire to become well emotionally.

## 12-STEP SUPPORT GROUPS - CONTINUED

### GAMBLERS ANONYMOUS (G.A.)

Friday, 7:00 p.m.

Saturday, 10:00 a.m.

This proven program of recovery will help you end gambling and learn how to live a happier life.

### GAM-ANON

Friday, 7:00 p.m.

Gam-Anon is a group of family and friends of gambling addicts who are seeking to find workable solutions to their mutual problems.

### NARCOTICS ANONYMOUS (N.A.)

Tuesday, 11:00 a.m.

Wednesday, 10:30 a.m.

Friday, 11:00 a.m. and 7:00 p.m.

The purpose of Narcotics Anonymous is to offer you a way to recover from your addiction and to face life with new feelings of love and self-esteem.

### NAR-ANON

Tuesday, 11:00 a.m.

Friday, 7:00 p.m.

Nar-Anon is a group of family and friends who are recovering from the effects that another's drug addiction has had on their lives.

### OVEREATERS ANONYMOUS (O.A.)

Saturday, 10:00 a.m.

This group supports individuals who are seeking physical, emotional and spiritual recovery from food addiction.

### SURVIVORS OF INCEST ANONYMOUS (S.I.A.)

Wednesday, 7:30 p.m.

This group offers a safe and supportive environment for men and women to move beyond their sexual abuse experiences and live the fullest life possible.