



Renaissance University

Winter Semester 2012 Class Catalog

Join us for the
Renaissance University Teacher Fair!
Sunday, January 15
before & after the 10am service

Our fall semester instructors will
each have a table in the lobby with
information about the classes they are
offering this semester and they will
be present to answer your questions!

Renaissance University Certificate Programs

Renaissance University, with long standing dedication to spiritual education and in-depth personal spiritual growth, is now looking to further empower Truth seekers with a focus on leadership development. The intention is to create a strong spiritual presence in our church that becomes a powerful demonstration of love in our community and ultimately in our world.

Towards this end, Renaissance University is now offering four in-house certificate programs: The Renaissance University Mystic, Advanced Group Leadership, Enlightened Teacher, and Prosperity Alchemist. These programs are a required course of study by certain volunteer groups in the church and all classes must be taken for credit. An individual may also complete any of the programs for the purpose of personal growth.

Renaissance University Mystic: Church Membership; Lessons in Truth; Meditation Practices; Life of Prayer

Renaissance University Advanced Group Leadership: Church Membership; Lessons in Truth; one other SEE class of choice; and Group Leadership Training

- Required certificate for Certified Small Group Leaders

Renaissance University Enlightened Teacher: Church Membership; Lessons in Truth; The Enlightened Teacher 10 Hour Class

- Required certificate for Youth Ministry teachers of three year olds through 8th grade

Renaissance University Prosperity Alchemist: Church Membership; Prosperity; Financial Peace University; and the choice of Keys to the Kingdom, 4T, or Prosperity Plus

- Required certificate to assist with prosperity classes



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A Love Offering will be taken in each class.

*S.E.E. (Spiritual Education and Enrichment) credit is available for classes marked with an asterisk. S.E.E. credit requires a \$36 fee to be collected by the instructor with your assignment or at the last class.

CLASSES BEGINNING IN JANUARY

LIGHT MOVES

Instructor: Kimberli Boyd

Saturdays • 1/7 to 1/28
(4 weeks) • 1 – 3 p.m.

For children 7 and older. Pre-registration is required.

Welcome to Renaissance University for Children! It has been said that to dance is to pray three times. Join us for the second class in the Spirit's HeArt segment of Renaissance University as we explore the joy of spiritual expression through creative movement—light in motion. Kimberli will lead children in a creative movement experience based on the core values of the church – love, integrity, inclusiveness, service and spirit centered. The class concludes with a short performance during the Sunday service on January 29. *Register at the Events Counter or www.renaissanceunity.org.*



PRACTICAL SPIRITUALITY IN THE LIGHT OF KRIYA YOGA

Instructor: Swami Paramahansa Atmanandaji

Saturday • 1/14
(1 week) • 10 a.m. – 1 p.m.

Looking for a healthy, happy, stress-free life? Join this world-renowned meditation master to learn the practical application of meditation and Kriya Yoga in *your* life. This informative program is open to all and includes talks, meditation, yoga and an opportunity for questions and answers. Bring your mat if you have one, it is not required.



Prosperity Plus *...A New Way of Living*



A 10 Week Course That Will Change Your Life!

Thursdays, January 12 - March 15, 2012; 7 to 9 pm

Featuring course video presentation by:

Mary Manin Morrissey

facilitated by:

Rev. Jim Lee

*Learn more when Mary Morrissey comes to
Renaissance Unity on **Sunday, January 8, 2012.**
Join her for the 8:30 and 10 am services
and 12 noon workshop.*

YOU WILL DISCOVER:

- Strategies for positive living "beyond the news" even in uncertain times
- Ways to open yourself to a greater flow of good
- How to generate thoughts and choices that lead to new results in life
- Tools for living each day from a state of abundance and prosperity

YOU WILL RECEIVE:

- Your own Prosperity Plus Guide that includes a course workbook and audio CDs for each class (materials fee of \$49)

Register at the Events Counter or www.renaissanceunity.org.

JANUARY CONTINUED

PATH TO FREEDOM

Instructor: Rev. Ric Beattie

Tuesdays • 1/17 to 2/28
(7 weeks) • 7 – 9 p.m.

Recommended Texts: *A Course in Weight Loss* by Marianne Williamson, *Women, Food, and God . . . An Unexpected Path to Almost Everything* by Geneen Roth

Refresh! Renew! Refocus! We all move off center from time to time—don't let it get you down—get UP, pick up your tool box and join us in this sacred time to come together for fellowship and spiritual growth. This course will offer an opportunity to upgrade your spiritual tool kit. It's not about a diet, it's about a renewed relationship with yourself and a deepening spiritual connection.

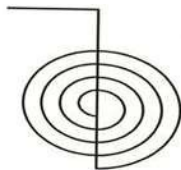
*Concerning all acts of initiative and creation, there is
one elementary truth—that the moment one
definitely commits oneself,
then Providence moves, too.
∞ Goethe*

REIKI 1—THE HEALING ART

Instructor: Aoghain Lakes

Tuesdays • 1/17 to 2/28
(7 weeks) • 7 – 9 p.m.

Love is the only creative force, love is the only way to bring about change for the better. Reiki is a tool that we can use to channel love into every situation in our lives. Reiki is not a religion; Reiki is an ancient art that fosters healing on all levels. This is a beginner class and all are welcome!





Great Lakes Area-wide Leadership & Team Building

Training Event!

Saturday, January 21
10 a.m. – 3:30 p.m.

Special training for ANYONE interested in
developing their leadership skills

Training Topics

Personal Strengths—Using the book, *StrengthsFinder 2.0*, by Tom Rath, each person will identify their top five natural talents and how they enhance our lives and add to our ability to work with our teams. **You must purchase the book and complete the online assessment BEFORE the training. From the assessment you will receive your five strengths.**

Drawing Forth the Inner Leader—Explore how your leadership style impacts others and, combined with your five strengths, discover how to be an effective leader in whatever area you serve.

Working Together in Community—Building community is essential in order to create well functioning groups or teams. Explore the basics of community building.

The cost for the training is \$40 per person.
Lunch is provided on a Love Offering basis.

Registration forms are available on our website at
www.renaissanceunity.org under *Classes* or
at the Events Counter.

*Facilitated by Rev. Diane Venzera, CSE, LUT
Great Lakes Youth & Family Ministry Consultant*

Super SEE Saturday!

JESUS' TEACHINGS IN THE BIBLE*

Instructor: Rev. Dr. Vareta Foster Saturdays • 1/28 to 2/25
(5 weeks) • 10 a.m. – 12 p.m.

Required Text: *Bible*

Recommended Text: *Prayers of the Cosmos* by Neal Douglas-Klotz

The heart of the Unity message is that Jesus is the great example and not the great exception. Explore how Jesus taught, prayed and healed as well as the Great Commission. Learn the distinctions between Jesus, Christ, Jesus Christ and Christ Jesus and why this is important to you and your life.

DEVELOPMENT OF THE UNITY MOVEMENT*

Instructor: Rev. Marty Zabawar Saturdays • 1/28 to 2/25
(5 weeks) • 1 p.m. – 3 p.m.

Required Text: *The Story of Unity* by James Dillet Freeman

Class Preparation: Read chapters 1-3 in text

Through this class, students will experience something of the flavor of the early Unity movement. We will trace the history of the movement through the founding of the Unity Society of Practical Christianity, Unity School, and the Association of Unity Churches. We will also look at the Unity movement as it is unfolding in other countries.

Super SEE Saturday!

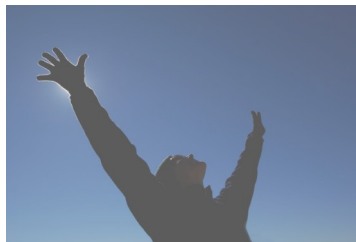
DISCOVER THE POWER WITHIN YOU*

Instructor: Rev. Gregory Guice Saturdays • 1/28 to 2/25
(5 weeks) • 3:15 p.m. – 5:15 p.m.

Required Texts: *Discover the Power Within You*
by Eric Butterworth, *Bible*

Recommended Text: *The Third Jesus* by Deepak Chopra

Based on Eric Butterworth's groundbreaking book *Discover the Power Within You*, this course provides the necessary tools for recognizing and using the divine power within. Beginning with the eternal quest of who and what you are, this course will illuminate your own spiritual being and lead you to achieve greater peace and prosperity. You will become the captain of your own soul and the master of your own life, which will lead to greater freedom and more abundant living!



NEW HOURS!

Renaissance Unity Resource Center
Tuesday 5 — 9 p.m.
Wednesday 5 — 9 p.m.
Sunday 9 a.m. — 1 p.m.

CLASSES BEGINNING IN JANUARY and FEBRUARY

BUILDING HEALTHY RELATIONSHIPS

Instructor: Dr. Laurie Pappas Mondays • 1/23 to 2/13
(4 weeks) • 7 – 9 p.m.

Recommended Text: *The Loving Heart: Navigating the Journey from
Conflict to Peace* by Laurie Pappas, Ph.D.

This experiential workshop will address such concepts as attack and defense, mirroring and projection, forgiveness and self-love, and giving and receiving. You will learn how to be more peaceful in relationships, see the purpose in all relationships, and realize connection with others to a higher degree. This class is for relationships of all kinds and will leave you with new perceptions and fresh options.

Cancelled for Winter 2012

METAPHYSICS 1 – PART 1*

Instructor: Rev. Marty Zabawar Wednesdays • 2/15 to 3/21
(no class 2/22)
(5 weeks) • 7 – 9 p.m.

Required Texts: *Heart-centered Metaphysics* by Paul Hasselbeck,
Talks on Truth by Charles Fillmore

Class Preparation: Read chapters 1-3 in *Heart-centered Metaphysics*

During this course you will explore some of the fundamental Principles of Spiritual Law and how they can be applied to your life for greater love, health, and prosperity. By studying the quotes of prominent Unity writers, as well as specific metaphysical and theological views and commentary presented in *Heart-centered Metaphysics*, you will be encouraged to awaken your awareness and understanding of spiritual Truth. Through the consistent use of these practical principles, you will realize more of your Spiritual Potential and find that your life is transformed!

Required texts and materials for all classes can be purchased in the Renaissance Unity Resource Center or online at www.renaissanceunity.org.

FEBRUARY CONTINUED

BIBLE OVERVIEW: HEBREW SCRIPTURES*

Instructor: Rev. Dr. Vareta Foster Mondays • 2/20 to 3/19
(5 weeks) • 7 – 9 p.m.

Required Texts: *Reading the Bible Again for the First Time* by
Marcus J. Borg; *Bible*

Class Preparation: Read Chapter 1 in *Reading the Bible Again for the
First Time* and Genesis 1 & 2 in the *Bible*

Explore the history and development of the Hebrew Scriptures through stories, exploration of events, and discussion of the books of the Law (Torah), the Prophets (Nevi'im) and the Writings (Kethuvim) and their historical as well as metaphysical significance. The course identifies the main story lines and historical periods of the Hebrew Scriptures, beginning with the allegories of Genesis and tracing the history of the Hebrew people from the call of Abraham through the Patriarchal period, the Exodus, the period of the Judges, the United Kingdom, the Divided Kingdom, the Exile and the post-Exile period.

LIFE OF PRAYER*

Instructor: Rev. Linda Lowery Tuesdays • 2/21 to 3/20
(5 weeks) • 7 – 9 p.m.

Required Texts: *Teach us to Pray* by Charles Fillmore,
The Handbook of Positive Prayer by H. Hasbrouck

Class Preparation: Read Forward and Chapter 1

The course introduces the Unity way of affirmative prayer. It will also provide traditional Unity definitions of prayer and will assist you in creating your own prayer definition. You will be supported in your actual prayer discipline and be given the opportunity to explore your own prayer life and attitude.



FEBRUARY CONTINUED

MIND GAMES FOR PEACE

Instructor: Dr. Laurie Pappas

Mondays • 2/27 to 3/5
(2 weeks) • 7 – 9 p.m.

Recommended Text: *The Loving Heart: Navigating the Journey from Conflict to Peace* by Laurie Pappas, PhD

The mind is the most powerful instrument you possess. Discover ways to use your conscious attention to effectively create powerful joy, peace and happiness. This incredible, experiential class will leave you buoyant, optimistic, and cheerful. You won't want to miss it!



UNITY BASICS

Instructor: Rev. Jim Lee

Wednesdays • 2/29 to 3/14
(3 weeks) • 7 – 9 p.m.

Note: Attendance at 2 of the 3 sessions is required for all new members.

Unity Basics is designed to explore the basic principles and beliefs of Unity and offer some practical tools of transformation that support us in living more successful and fulfilled lives. Within this course, we will discuss the history of Renaissance Unity from its inception, as well as the role of the Association of Unity Churches International (Unity Worldwide Ministries) and the Unity School of Christianity (Unity Worldwide Headquarters).

CLASSES BEGINNING IN MARCH

ADVANCED REIKI

Instructor: Aoghain Lakes

Tuesdays • 3/6 to 4/17
(no class 3/27)
(6 weeks) • 7 – 9 p.m.

Pre-Requisite: *Students must have had a Reiki I Attunement and be practicing Reiki on a daily basis in order to participate in the Advanced Reiki class*

We all have the ability to have a healing affect on each other and our environment. Reiki is a beautiful way to practice and develop our natural healing abilities. Students will build on the skills developed during *Reiki-The Healing Art* and will learn to project their Reiki energy over long distances, and into the past or future to heal themselves and others.

SECRETS FOR BEATING THE BLUES

Instructor: Dr. Laurie Pappas

Saturday • 3/10
(1 week) • 9:30 – 11:30 a.m.

Recommended Text: *The Loving Heart: Navigating the Journey from Conflict to Peace* by Laurie Pappas, PhD

This workshop is especially for those who are dealing with depression, sadness, grief or any other negative feelings. Interactive discussion, experiential activity and inspirational ideas form the basis of this upbeat workshop. Join Laurie for personal stories, victories and more. You'll be glad you did!

Cancelled for Winter 2012

Shopping online?

Go to www.renaissanceunity.org and click on the amazon.com link when you start. Using this link will ensure that your purchases support Renaissance Unity!

ONGOING CLASSES

HATHA YOGA - Ongoing

Instructor: Tom King

Mondays • 7 – 8:30 p.m.

Thursdays • 8:30 – 10 a.m.

Note: Wear loose, comfortable clothing and bring a blanket and mat

Learn techniques of stretching, relaxation, concentration, meditation, breathing, and movement. This is an ongoing class that students may join at any time.

NIA TECHNIQUE - Ongoing

Instructor: Anita Lee

Wednesdays • 7 – 8:30 p.m.

Note: Wear loose, comfortable clothing.

Experience an elegant alternative to traditional aerobics. Nia entices the mind to play, the body to feel, and the spirit to soar!

SPIRITUAL PRINCIPLES OF THE INVISIBLE

UNIVERSE - Ongoing

Instructor: “Sparkie” Squires

Tuesdays • 1:30 – 5 p.m.

Wednesdays • 1:30 – 5 p.m.

Thursdays • 1:30 – 4 p.m.

(open discussion that students can join at any time)

We are “in” this world, but not “of” it. Learn the truth of where we really are and who we really are. There is a whole other universe waiting for us to uncover and a whole other us waiting to be awakened.

Classmates are encouraged to bring in their favorite metaphysical teachings and share them in this consciousness expanding, discussion-based, safe environment.

SILENT MEDITATION is an ongoing experience held in the Chapel on Tuesday evenings at 7 p.m.



Renaissance University

Teacher Fair!

Sunday, January 15, 2012

before and after the 10am service

Please stop by to meet our amazing
instructors and learn about the
winter class offerings.

The teacher who is indeed wise
does not bid you to enter the house
of his wisdom but rather leads you to
the threshold of your mind.

~ *Khalil Gibran*

ONGOING GROUPS

- A COURSE IN MIRACLES (A.C.I.M.) • Monday, 7 p.m.
• Wednesday, 10 a.m. & 7 p.m. • Saturday, 12:30 p.m.
- ADULT CHILDREN OF DYSFUNCTIONAL FAMILIES • Wednesday, 7:30 p.m.
- A.I.M. • Wednesday, 7 p.m.
- ALCOHOLICS ANONYMOUS (A.A.) • Monday, 8 p.m. • Saturday, 10 a.m.
- AL-ANON • Monday, 8 p.m. • Saturday, 10 a.m.
- CLEPTOMANIACS AND SHOPLIFTERS ANONYMOUS (C.A.S.A.)
• Monday, 7 p.m.
- CIRCLE OF DOLPHINS • Saturday, 12:30 p.m.
- COSMOS & SPIRIT • Monday, 7:30 p.m.
- DIVORCE RECOVERY • Monday, 7 p.m.
- EMOTIONS ANONYMOUS (E.A.) • Friday, 7 p.m.
- GAMBLERS ANONYMOUS (G.A.) • Friday, 7 p.m. • Saturday, 10 a.m.
- GAM-ANON • Friday, 7 p.m.
- GRIEF AND LOSS • Tuesday, 7 p.m.
- JOB SEARCHERS GROUP • 1st and 3rd Saturday, 10 a.m.
- MEN OF TODAY • 2nd Saturday, 9 a.m.
- NARCOTICS ANONYMOUS (N.A.) • Tuesday, 11 a.m.
• Wednesday, 10:45 a.m. • Friday, 11 a.m. and 7 p.m.
- NAR-ANON • Tuesday, 11:00 a.m. • Friday, 7 p.m.
- OVEREATERS ANONYMOUS (O.A.) • Saturday, 10 a.m.
- RAINBOW UNITY • *Keep up-to-date at www.facebook.com/rainbowunity*
- SACRED SISTERS • 3rd Saturday, 9 a.m. (Jan - June & Sept - Nov)
- SURVIVORS OF INCEST ANONYMOUS (S.I.A.) • Wednesday, 7:30 p.m.
- TOASTMASTERS INTERNATIONAL • 1st and 3rd Saturday, 10 a.m.
• 2nd and 4th Saturday, 9:30 a.m.



11200 E. Eleven Mile Rd. Warren MI 48089
586.353.2300 · FAX: 586.758.7249
www.renaissanceunity.org